

Residence Life Campus IMPACT Programming Report - October 2008

Date(s)	Event Title & Description (Describe briefly what was held or done)	I	M	PA	C	T	Outcomes: (Describe what either you or students learned from this event)
10/1/2008	PA Women's Conference	X	X	X			The PA Conference for women was held in Pittsburgh and a CA went to the two day event with a resident
10/1/2008	Food Drive: Members of Black Cultural Society made decorative boxes to collect food from those individuals willing to donate. The boxes were then put in the dorms.				X	X	I learned that it doesn't take much to make a huge impact in someones life.
10/1/2008	Going Green Initiative			X	X	X	Made paper recycling boxes for residents
10/1/2008	All Hallows Eve A program that took place in Columbia Residence hall where the different ways that different cultures celebrate the Halloween Holiday were explored. Residents also bonded with each other after the program was over.	X	X			X	Residents and CA's learned how different cultures celebrate the Holiday that we know as Halloween. They also bonded with one another while getting to know other residents that live in the building.
10/3/2008	Kick Ball Tournament: Upper campus sponsored a kickball tournament. This was done in order to raise money for the breast cancer walk.				X		CAs all over campus played a kickball tournament to raise money for Cancer awareness
10/3/2008	Comedy Night: Steve Burr					X	Residents had a great time at this event. The real-life scenarios discussed allowed students to connect to the comedian. This was a good opportunity for students to take the night off and relax.
10/4/2008	Latino Extravaganza: This was a dinner with dance, food, music, and a guest speaker. It was all put together by the multi-cultural center	X	X	X		X	Residents were able to bond with each other and some of the staff while experiencing an array of foods, presentations of dance and song, and speakers that taught them about the variety and depth of Latino Culture
10/6/2008	Stress Stinks -presentation by BU student, Maureen Dameron, about stress	X		X			We learned that stress can come in different forms and caused by various reasons. College sophomores experience the most stress. Luckily, there are several relaxation techniques that can decrease the stressful feelings..
10/8/2008	How well do you know yourself? Was a game show style program that tested the knowledge of residents in the categories of nutrition, drugs/alcohol, sex/stds, and personal hygiene.	X		X		X	This program taught residents some valuable information about personal topics that are affecting their lives right now. Instead of presenting residents with boring facts, this program allowed the residents to learn in a fun and competitive way.
10/13/2008	BUSTED Season Premiere - Episode # 25 Student actors perform stories/events that happen to everyday college students. B.U.S.T.E.D. puts a comedic spin on serious topics such as dating, STDs, self-	X	X	X		X	We learned about handling difficult situations in the college environment, and had some fun doing it. Audience members have a great time following the story lines of the characters

10/13/2008	Mini golf tournament: This program was held up at Montys. This was a mini golf challenge for prizes.					X	When a resident got a hole in one they put there name into a box and when everyone was done playing the course two names were picked and won a gift card to walmart. Overall the program was a hit and a big success. The holes were developed with great creativity and I also enjoyed myself
10/13/2008	Diversity Ice Cream Social: We held an ice cream social in which people were descriminated against by floor and wing. For example, if you lived on 2 Low and you asked for chocolate ice cream with sprinkles, you received vanilla ice cream with whipped cream. Some wings were given exactly what they wanted and some floors were not given anything. After the social we watcheda spanish movie named Pan's Labrynth.	X	X	X		X	We learned that discrimination can not only affect those of different races, but it can effect everyone. We learned that being discriminated against is not a good feeling, and we should all work hard to accept everyone and their difference. We also learned that in order to stop prejudice and descrimination, we need to become more aware of our own actions, and we need to learn about the values of other cultures
10/15/2008	Get Your Green On Kickoff- Kickoff event for the "Get your Green On Competition"	X				X	Residents and I attended the kickoff event, which included food, games, and information about going green and the competition in the dorms.
10/15/2008	Living and Learning Abroad by Chrisine Sperling	X	X			X	We learned the importance of gaining a diverse and existential view of the world by being completely immersed in a different culture. And how to really be an active member in the US and in the world one must really go and experince other cultures.
10/15/2008	Skin and nail care program- At this program different ways to take care of your skin were reviewed. The speaker at the program also went over the different type of skin cancers and how to avoid them. After the presentation was done the residents did each others nails and gave each other facials.	X		X		X	At this event we learned how to take care of our skin and nails. We also bonded as a community and met new different people throughout the building.
10/15/2008	Michael Eric Dyson: An African American professor from Georgetown University discussed the upcoming Presidential election.	X	X	X			CAs learned from an objective perspective where Barack Obama and John McCain stood on certain issues such as the economy,that African Americans began supporting Obama after he won Iowa, which has a low black percentage, and Clinton since they had liked Bill Clinton when he was in office.
10/17/2008	Bingo/ Midnight Pizza- played bingo sponsored by the program board.					X	The residents were able to have some fun on a Friday night to help them relax from the week of classes. Everyone had a great time and there were a lot of winners.
10/18/2008	Six Flags - spent the day at Six Flags Great Adventure in New Jersey riding rides and enjoying the Fright Fest decorations					X	We learned what it feels like to go from 0 to 128 mph in 3.5 seconds. We also learned how to build our confidence levels up when going on scary rides.
10/18/2008	Nite Class					X	The residents and I had the chance to loosen up at this monthly dance sponsored by Program Board.

10/19/08	Breast Cancer Walk			X	X	X	Students worked for, or in collaboration with, members of the community to benefit those in need. Events benefiting those in the immediate and extended community build positive and productive relationships and give students a sense of purpose. These experiences can be very humbling and rewarding for all involved.
10/20/2008	Paint a Pumpkin for Best Buddies		X	X		X	CAs painted a pumpkin, along with residents, to help support Best Buddies.
10/20/2008	Are You Smarter than a CA? - played a jeopardy game that consisted of the residents answering questions against the CA's to see who knew more about different topics such as cancer, BU, election, and holidays.			X			We learned about different forms of cancer and the effects it has on people. We also learned about the presidential election and other categories such as holidays and Bloomsburg University.
10/21/2008	Root Beer Pong	X	X			X	CAs helped a resident to organize an educational program about alcohol facts and statistics, that went along with playing root beer pong.
10/21/2008	Bloomsburg food Cupboard					X	We got together and prepared food for the less fortunate and some homeless people. We were able to put ourselves in their shoes which made us become more grateful for the things we have.
10/22/2008	Majors/Minors Fair - a fair where students can meet with faculty and academic advisors to see what career they want to pursue	X				X	We stopped by the majors fair and I encouraged my residents to pick up some information.
10/22/2008	Country Line Dancing - Students were taught how to Country Line Dance		X			X	Residents and I learned to Country Line dance. Attendance was low, but everyone had a really good time.
10/22/2008	"In Living Color: An Event Tie-Dye For!" – Tie-dyeing event where residents could tie-dye their belongings and learn a little about the importance of different cultures.			X		X	Skit for residents about the importance of different cultures and had fun while tie-dyeing. Cas and residents learned about the importance of accepting people's race, religion, sexual orientation, and gender.
10/22/2008	Vote Jam	X		X			It was held to invite local candidates as well as representatives from both the Obama and McCain's campaigns. It helped students become aware of different issues our country is facing today as well as what each candidate represents and that it is important to vote.
10/23/2008	Sex Jeopardy	X	X	X		X	Organized the sex jeopardy program, that allowed students to participate in teams to answer jeopardy style questions on sex related topics.

10/23/2008	<u>How well do you know yourself?</u> A game show about personal health w.	X		X		X	Residents learned how to work together as a team in making decisions. They were also able to meet new people and have a good time. Residents learned that it's good to take a break from stressing and just relax and have some good clean fun. Residents felt challenged when trying to guess on the spot people, places, or things to fill a category. This was positive pressure and they had a lot of fun with it.
10/23/2008	<u>Reading Between the Lines-</u> Communication Studies majors held discussion on political affairs and how to differentiate between them.	x				x	Residents learned how to filter through the campaign images and make an educated decision on election day.
10/24/2008	<u>Fright Fest-</u> At this movie night in Columbia Hall LLC the LLC was set up to look like a movie theater. The admission into the movie theater was a canned good that would go to a local food drive place for those that were less fortunate. Residents bonded with each other while watching some of their favorite movies.				X	X	This event showed CA's and residents that they could give back to the community and enjoy doing it.
10/26/2008	<u>Homecoming Window Painting;</u> We painted windows for homecoming.					X	We learned to work together to get a task done by a certain time and to create a beautiful masterpiece.
10/26/2008	<u>Friendship bracelets-</u> residents were given to opportunity to make friendship bracelets with different colored beads. Each color bead represented a good personality trait that the residents may possess.					X	The girls had a chance to get together and do something creative. The twist we put on this program was to make the bracelet first and then find out what the colors meant about you.
10/28/2008	<u>The Next President and U.S. Policy in the Middle East-</u> Speaker James J. Zogby spoke about the situation in the Middle East at Carver Hall	X	X			X	We learned about events that may have caused the attack on September 11, what is currently going on in the Middle East, ideas that may have ended the war, as well as what can be done in the future to end the war.
10/28/2008	<u>How to write a killer paper-</u> At this program I went over with the residents the techniques of how to write a paper that will get you a great grade. I went over the basic structures of a paper and the different types of papers.	X				X	The people present at this seminar learned how to write a better and more effective paper. And also the techniques needed to brainstorm and revise the paper.
10/29/2008	<u>Is Your Relationship Right?</u> - DASL Educational program	X	X	X		X	The CAs and residents learned about HIV/AIDS, how to be emotionally intelligent in a relationship, and learned how to find out if their relationship is a good fit for them.
10/29/2008	<u>Underneath it all:</u> Improving one's self esteem and how to dress to impress			X			Residents learned about how to make themselves feel great and how to dress appropriately for certain situations.
10/29/2008	<u>Career and Internship Expo-</u> Students went to the Multipurpose room in the Kehr Union to look at different job and internship options.	X				X	Students learned information about various job and internship options. They learned more different career opportunities and about local companies.

10/29/2008	Mixed Drink Party: We held a non-alcoholic drink party for our residents where we served strawberry daquires, margaritas, pina colodas, and various sodas. On the bottom of some cups we placed stickers to symbolize date rape drugs that can easily be put into drinks.			X		X	Residents learned about how to be safe when out at parties. They learned the importance of being aware of their surroundings. They also socialized and got to meet new people. We taught our residents about different dangers that can occur at a party scene.
10/29/2008	Changes in Russia Over the Past 20 Years by Michael Hickey	X	X			X	We were informed by a personal experiences of Professor Hickey of the changes in Western Russia due to international influences that occurred over the past 20 years. And the culture shock of being thrown into a different atmosphere and for the first time feeling like an outsider. It was very interesting.
10/29/2008	Cardiac Awareness - Melinda Johnson's presentation - an informational presentation on heart disease and women's risks	X		X		X	Residents and I learned about common causes for the number one killer of women in the united states along with some unknown facts and preventative measures in beating heart disease.
10/29/2008	"Mini Mind Boxes" are being prepared for patients to help them regain cognitive function.				X	X	The residents were asked to donate 1 dollar or word finds, 100 piece puzzles , or any other requirements for the mini mind boxes.
10/30/2008	The Sweet Life of Elwell - The Sweet Life of Elwell was a trick or treat scavenger hung throughout Elwell. The students that participated (over 50) were asked questions about campus and sexual health, and depending on which they answered correctly, they were given a condom, or a piece of candy, along with a clue to find their way to the next CAs room for the next question.	X		X		X	Students really enjoyed this program, and it looks like a good choice for a Elwell annual event!
10/31/2008	Elysburg Haunted House Trip					X	CAs went on the campus sponsored Elysburg Haunted House Trip along with approx. 10 residents. The were able to bond through all the Halloween festivities.
10/31/2008	President Soltz's Inauguraion		X			X	The Gospel Choir sung at the President's Inauguration. The residents and I learned about our new president and his future goals for the university.
October	Religious Events: Bible Study, "Sermon on the Mount", Church, Campus Crusade, IMPACT meetings, Chorus Rehearsal,	X	X	X	X	X	We learn how to have fun and still be God like at the same time. As well as hear about different peoples struggles in their walk with God. Residents had the chance to learn about different services offered in the area and to take part in the night's service. We were informed about different things that happen in our community, ways to deal with situations in a Godly manner, and ways to deal with relationship problems between girls and guys. Students gathered to learn and worship Jesus Christ through songs and personal testimony.

October	Games - Apples to Apples, Video Games, Risk, Playstation III, Nintendo Wii, Connect Four, Jenga, Checkers, Chess, Monopoly, Taboo, Egyptian Ratscrew, Mario Party, Mafia Game Night, Poker, Uno, BOG Game Night, Karaoke.	X	X		X	X	Engaging in competitive games that don't require physical strength can be more inclusive of community members. Playing cards with residents teaches you some new techniques to master the game.
October	Meals/Food Socials - ate lunches and dinners with residents at Commons, Union, Starbucks, Monty's, Oreos & Milk, Spaghetti Dinner by CA, Dunkin Donuts, Applebees, Halloween Treats, Chinese Food, Naps, McDonalds, BBQ, Taco Bell, Denny's Late Night, Starbucks, National Coming Out Week Cake by GSA, ISA Picnic	X	X	X	X	X	We learned more about each other and the value of building friendships. Through this relationship the residents are better able to trust me more and I find that they come to me with their concerns and problems more often. I can always see how my residents days are going and how they are doing overall. We talked about family, classes, and things we can do as a wing or apt community
October	Academic Activities - Nursing Tips, Hallway Political Debate, Study group on Cells/Molecules/Genes, History Study Group, Public Library Trip, Black Cultural Society Meeting & Discussion,	X		X		X	Studying for exams together helps us bond, but also helps us understand the information better. Having a decorated study lounge is a good way for everyone to be relaxed to study and motivates people to help each other out. Great hit with residents!! Discussed various political issues that are hot topics in the election
October	Sports/Athletic Events with residents on and off campus, at the rec center, upper campus or town park (Football, Intramural Soccer, Basketball, Kickball, Volleyball, Tennis at the Park, Soccer, Working Out, Bowling, Running, Hockey Game			X	X	X	Playing sports with residents gets them involved with other residents on the wing/building. It's a great way to bond, participate, create teamwork, learn sportsmanship, and share in a common goal while getting exercise. Some residents learned the fundamentals of certain sports because they had never played them before.
October	Movie/TV Nights - College Football Night, World Series, One Tree Hill, Ironman, Mystery Science Theatre, Forgetting Sarah Marshall, Batman: The Dark Knight, Old School, The Exorcism of Emily Rose, The Laramie Project, Stepbrothers, Clue, Scary Movie, Saw 3, TMNT, The Island, Desperate Housewives, Amazing Race, Halloween, Sons of Anarchy, Animal Cops, Top Design, Saturday Night Live, Coach Carter, The Wood, Urban Legend, Price is Right, General Hospital, Rent, Momma Mia, Big Daddy, Presidential Debates, Silence of the Lambs, Hancock, Ghost Whisperer, CSI, Dancing with the Stars, Family Guy	X	X	X	X	X	Some movies were just to hang out, relax and have a good time. Other movies and tv shows generated important and interesting conversation with one another. They all built community amongst residents and promoted campus spirit.

October	Social Activities - DDR, Coloring, Discussion about Future, Halloween Phillies Party, Questions & Cookies, Name Tag Decorating, Painting Banners, Door Decorating Contests, Walmart, Dollar General Trip, Halloween Costume Contest at the Commons, Harvest Party, Costume Shopping, Trip to Salvation Army, Youtube Singing, Sneaker Sale, Walk to UniMart, Sheetz Run, Halloween & Homecoming Photo Shoot, Apartment Viewing, Hair Dying, Housing for Fall 09, Pumpkin Carving, Susquehanna Valley Mall, Trip to Rickett's Glen	X	X	X	X	X	These light activities were spontaneously organized and allowed CAs to bond with their residents outside of classes, chat and take in the Bloomsburg community resources. We learned how to relax, unwind and appreciate everyone's different perspectives on various topics. It's nice to laugh and not stress once and a while. We mixed and mingled with various living learning community members and faculty.
October	Bulletin Boards/Decorations- Achieve the Best Academics, Gotham City, Engagement Ring, Breast Cancer Awareness, How to Stop Procrastinating, World Series, Tips for Quiet Hours, Fun On Campus for the Weekend, Winter Wonderland, Organ Donation, Halloween Trivia, Post Secret Organization, Civic Engagement LLC, If I Only Had A Brain, Wizard of Oz, InfoApple Month, National Seafood Month. Astrology, PA Laws, Campus Activities Flyers, Tips for time management, Staying healthy during cold and flu season, Cricket to infuse residents with knowledge of uncommon sports, Seven wonders of the world to enhance the knowledge of historical sites, Fire Safety, Fall Facts, NFL Standings Board, Trivia Board, Procrastination tips, Alcohol Awareness, PA sport team stats/schedules, Get Your Green On, Safety In Numbers	X	X	X	X	X	CAs displayed bulletin boards & floor decorations in their hallways. Some were just for fun and others were concerning important topics of the month. Residents learned interesting and/or little known facts about all of the topics. These topics affect a majority of all college students at one time or another, so having this information displayed where students can access it easily could potentially have a profound positive impact on them in a variety of ways.
October	DASL Meetings - Took residents to leadership workshops every other week	X	X	X	X	X	Residents participated in activities that addressed communication skills, teamwork, leadership styles, diversity, service to others, time management and project management. Helped plan the semester's activities and service projects.
October	Bloom Idol IV - Motown and The Beatles: a Program Board and ResLife sponsored event where student contestants sang renditions of classic Motown and Lennon/McCartney songs in the Kehr Union Ballroom.					X	Residents learned to come together to support a fellow resident who was singing in the show by making signs and cheering for her. Other residents and I were willing to listen to covers of Beatles songs, even though they believed they may not justify the originals.
October	Support Our Troops				X		Dorm wide program. Collection donation for the American troops over in different Countries.
October	Battle of the Sexes Penny Wars. Girls and boys from each floor will compete to raise the most pennies for breast cancer.	X		X	X	X	Residents were able to have fun, and give to charity at the same time.
October	SHARP- Learning about self defense	X		X		X	Girls in the class became more knowledgeable in self defense and more confident.
October	Paint the Campus Blue - attended a presentation by Ashley and Trystan to continue the "Who I Am Makes a Difference" initiative on campus with DASL	X		X			Gave out ribbons to friends, faculty and Aramark staff. Made appreciation baskets for the custodial staff in all the halls. We also hung large blue ribbons on lamp posts around campus.

