

Residence Life Programming with an **IMPACT** - CAMPUS REPORT for Jan/Feb. 2008

Date(s)	Event Title & Description (Describe briefly what was held or done)	I	M	PA	C	T	Outcomes: (Describe what either you or students learned from this event)
1/12/2008	Trash to Treasure					X	This was a program that allowed residents to get out of the residence halls. It included a very important lesson: "One person's trash may be another person's treasure" and they learned that this get together was a perfect opportunity for them to add decoration to their rooms at a low price!
1/14/2008	Get Involved at Bloomsburg University Calendar of Events for January					X	Allows students to ease into the college lifestyle, have a memorable and positive first-year experience, and guides students throughout their college years by getting involved in University activities
1/15/2008	Poster Sale - The sale was intended for students to have a way to redecorate their rooms and living spaces. It was held in the union.					X	Students got a chance to talk to one another and see how each person was styling their rooms. Also it gave them a chance to bond with each other.
1/16/2008	Go RED - The 7th floor girl supported Women's Heart Health Day by wearing the color red on National Women's Health Awareness Day, Feb 1st. As a reward they were granted an ice-cream social! This program was supporting the Women's Resource Center.	X		X			The Girls learned what Women's Health Awareness Day was, and why they should support it and how it affects them and their fellow women. The Ice-cream social part of the program allowed us to learn about each other and also their was a small conversation about relative we have that are or were effected by heart disease.
1/16/2008	Bloomsburg Men's and Women's Basketball Games: Cheered on the Huskies, but in a losing effort.					X	I learned that Bloomsburg has very little school spirit if any.
1/17/2008	Office of Diversity and Retention Open House : Advisors within the department of Diversity and Retention explained the importance of a diverse learning atmosphere and explained what the department was all about.	X	X				Residents learned a bit about minority issues on campus and about scholarships offered by Bloomsburg University that are specifically geared toward minorities.
1/18/2008	Bloomsburg University Swim Meet- The Bloomsburg University swam against Shippensburg University.					X	A few residents, other CA's and I went to a swim meet to support the school team. Students bonded and showed their team spirit.
1/19/2008	Kelly Tyler Comedian (KUB Ballroom) - The comedian Kelly Tyler was from Canada and used many personal stories for the basis of his jokes. He was excellent at engaging the crowd and was very funny.					X	Again, not much was learned here. This was more of a layed back environment and a lot of fun.
1/20/2008	Pet Store Visit - Brookside Pups and Stuff to look for pets.	X			X	X	Residents learned about many of the less common pets.

1/22/2008	Women's Wit Program: "Everything you want to know about sex."- educational forum which focused on safer sex practices.	X		X		X	The residents and I learned about safe sex techniques and the various forms of contraceptives. Also, residents learned to feel at ease when participating in a forum style program.
1/22/2008	Have more success with less stress program - During this program, I taught massage techniques for a half hour and had the residents partner up so that they could practice the techniques. A trivia game was done with them for the second half hour to start conversation. We made hot tea, had cookies, candy, and mugs stuffed with back massagers and lotion for gifts.			X		X	The residents were able to learn about massage techniques that they can use to help relieve stress. A worksheet was also made which consisted of a definition of stress and some different ways to avoid/relieve everyday stress.
1/23/2008	Dollar Dinner					X	This is a chance for residents to give back to the community by only paying 1\$ for a dinner. They have the chance to meet people from the town and other BU students. They socialize and eat wonderful meals.
1/23/2008	Interviewing Techniques - A representative from Enterprise Rent A Car had a workshop on interviewing techniques.	X					Residents learned how to conduct a successful interview through appearance, mannerisms, knowledge of the company, and a follow up thank you letter.
1/23/2008	Visit to "The Rec" - Residents venture to the recreational center for a workout.			X		X	Residents worked out and learned the value of staying in shape.
1/23/2008	Are You Smarter Than A Fifth Grader - The event was held in the TV lounge where players took turns to answers elementary school questions in an effort to try and win the game.	X				X	This was a good opportunity for the CA's and residents to get to know each other as well as test their knowledge.
1/23/2008	Soraida, Woman of Palestine- we watched a movie in Columbia Hall in the living learning community about women of the muslim world		X			X	We learned what it is like being Palestinian. We learned of the struggles these people endure everyday and to better appreciate the luxuries we have.
1/23/2008	Magazine clippings in the bathroom- pictures and different lifestyle techniques for various magazines.	X		X	X	X	The pictures help send messages relating to motivation and empowerment for the ladies of the floor.
1/24/2008	The Fannie Lou Hamer Story- A speaker came to the Kehr Union Ballroom to portray the life of Fannie Lou Hamer and all that she has done.	X	X	X		X	We learned all the struggles that Mrs. Hamer endured as well as many people she knew and heard. We also learned all the pain and abuse that people struggled threw each day. Despite all the obstacles, Fannie Lou Hamer became educated and was able to vote and encouraged everyone to vote. We can make a change.
1/24/2008	The Meaning of Sankofa		X			X	The people who attended this event learned about a where Sankofa derived from. There was also a brief open discussion about college students getting their voice heard in the upcoming election.
1/25/2008	Midnight Pizza					X	Great event that helps residents get out of their rooms and to converse with others. A great alternative event on a Friday night.

1/25/2008	Bingo				X	X	Playing Bingo with the residents and staff was an opportunity to take a break from classes and have a good time. It also gave us a chance to try and win some money!
1/25/2008	Nite Class-A get together and dance for members of the student body		X			X	Me and about 6 of my Residents attended nite class and met different types of people from around the universtiy while learnig more about each other. We also listed to music from many differet cultures from around the world
1/25/2008	Play residents in videogames, either in their room or mine.	X			X	X	Residents learned about the different types of video games and how to play them strategically. Also created a great hall dynamic between all of the residents.
1/26/2008	Game Nights (Cranium, Scrabble, Rummy, Twister)					X	Residents engaged in social and intellectual games that helped them take a break from academics and have fun
1/26/2008	Hypnotist in KUB				X	X	We learned about the underlying reason for hynotism, and watched some of our friends be hypnotized. We also learned that one of my residents was hypnotized twice before and loves it. Helped develop hall community.
1/26/2008	Ice Cream Social				X	X	The ladies of 3South and myself got together in the kitchen to make ice cream sundaes and cookies. I was surprised because there was about 26 girls there. We were able to relax and talk about classes and things like that. We all were able to learn each others likes and dislikes while eating ice cream.
1/26/2008	Bloomsburg Men's and Women's Basketball Games				X	X	Our teams have a lot of potential to be good, if they only had crowd support to help them finish off a game
1/28/2008	Sophomore Status and Your Career: What Now? Gave information on a career path that would be suitable for us based on our personality.	X				X	This was an exciting program because they gave really good information. It was fun to learn what types of job we would be suitable for. It was made you look to see if you were in <u>the right major!</u>
1/29/2008	Special Olympics Basketball- attended the Special Olympics basketball competition.				X		Everybody had fun playing Around The World and competing in other games. I taught the athletes the different types of passes that can be performed

1/29/2008	Make A Smore With Your CA -Social event held to enhance unity in diversity.	X	X	X		X	Presented diversity and residence hall living in a lively skit were each part of a smore represented a type of lifestyle that one might encounter living in a residence hall, how to cope and make this experience a memorable one; also made and ate smores. Residents discussed the limitations and negative effects of stereotypes and its effect on the residence hall/community, and made smores to represent blending of different cultures and races.
1/30/2008	The Buzz on Bloomsburg. This program was created to test the knowledge of residents and see what they know about Bloomsburg.	X				X	This program helped students learn more about Bloomsburg's policy and campus, while they got to know other residents.
1/31/2008	Don't Lose Track of Your Time this Semester!- We made planners to help manage our time.			X		X	This program was designed to teach residents about managing their time more efficiently and made it fun by making their own planners to keep track of everything.
1/31/2008	Made fried plantains with residents		X	X	X		Enjoyed a food I have never ate and got to learn about it. It is a hispanic food one of my residents introduced me to.
2/1/2008	Wear Red Day (Heart Truth)- In support of American Heart Month- we wore red.			X		X	Students learned the importance of sleep, and the effects sleep deprivation can have on them as college students. Students learned effective ways to relax if they are having trouble sleeping and also the importance of a sleeping schedule.
2/1/2008	Wii Tournament					X	This was an opportunity for the residents to scioialize with each other and get in a little exercise.
2/1/2008	Mid Night Pizza - Program Board held a late night pizza event with a band playing to the dancing crowd.					X	The CA's and residents are able to relax and enjoy themselves on a Friday night.
2/1/2008	Get Involved at Bloomsburg University Calendar of Events for February	X				X	Allows students to ease into the college lifestyle, have a memorable and positive first-year experience, and guides students throughout their college years by getting involved in University activities.
2/1/2008	Political debate about the current Presidential Candidates -the program encouraged residents to express their feelings about politics.	X				X	The residents and I learned how to effectively, and intellectually communicate with a person of differing views. Also, the residents learned how to properly express their personal feelings.
2/1/2008	Jeopardy Game Show	X	X	X	X	X	This was a program we created for everyone to have fun and share their knowledge in many categories. In doing this students learned about a variety of topics from current issues, to sports, to sex education. Overall, it was a fun, relaxing, learning experience.

2/2/2008	Martin Luther King Banquest- This event was the Martin Luther King Banquet which, is done every year to honor Black History Month. There was a inspirational speaker football coach as the guest of honor.	X	X	X	X	X	Residents were given the opportunity to listen to motivational speakers including Mr. Herman Boone. The program also gave students to enjoy food and learn the teachings of Dr. Martin Luther King Jr.
2/2/2008	Art Gallery Opening- Viewing works by three photographers in OYETD in town.	X	X			X	Residents and myself viewed works by three upcoming photojournalists that ranges from the United States, Argentina and Afghanistan. Some art pieces displayed the struggles that each country is facing.
2/3/2008	SuperBowl Party- Thing event was planned to fellowship with Upper Campus residents. During this event we watched the football game between the New England Patriots and the New York Giants. There were approximately 15+ residents from Upper Campus that attended this event. We shared laughs, cheers, and finger foods as we got to know eachother.				X	X	In this event I got to know some of the residence of Upper Campus. We had time to interact and have a relaxing time. Students also got the opportunity to get to know me as an individual aside of the Community Assistant position. I showed the residence hospitality and reassured them that I was here for any need, whether it was just to "hang-out" or they need some to listen and talk with them.
2/4/2008	Tye-Dye					X	Residents got the opportunity to relax and mingle with resident from other wings, as well as CA's, SCAs and the GHD. They had the chance to share ideas and teach others how to tye dye. This was a great experience for communication skills.
2/4/2008	Sports Trivia- The residents learned about the professionals that play sports, such as Basketball, Football, Boxing, and Golf. The winners received prizes.	X			X	X	All the residents seemed to really enjoy showing their sports knowledge. It also brought a whole floor together for a bonding experience.
2/5/2008	Boost Your Self Esteem- I attended the Women's Resource Center program called "Boost Your Self Esteem."			X			My community service group and I, as well as other CAs and residents, enjoyed the speech about self esteem, how to boost it, and what to watch out for.
2/5/2008	History Club Meeting	X					This program allowed the residents to get a better idea of what the history club is all about. It also informed the residents what they can get involved in on campus.
2/5/2008	Go RED-Ice-cream Social - Everyone who wore RED on Feb 1st was invited to an ice-cream social.	X		X		X	The Girls learned what Women's Health Awareness Day was, and why they should support it and how it affects them and their fellow women. The Ice-cream social part of the program allowed us to learn about each other and also their was a small conversation about relative we have that are or were effected by heart disease.
2/6/2008	Share the Love Program	X		X	X	X	Building wide program- Valentines Day cards were made for people in nursing home and students were also informed on different STD's and their prevalence on a college campus.

2/6/2008	LLC recognition dinner	X				X	We congratulated each other on the last semester achievements. We also met and talked with many professors and deans of the LLC.
2/6/2008	"Can We Pack Nelson Field House": Bloomsburg men's and women's basketball games. Students were "challenged" to come and sellout the basketball games, and they did.				X	X	There is school spirit at Bloomsburg. Residents and I dressed in white to support B.U. at the basketball game. Cheered the players as they did their best to defeat Mansfield.
2/7/2008	Valentine's for Soldiers				X	X	This program will allow residents to show their creativity in making greeting cards for the soldiers over seas. This is also a chance for them to put a smile on someone's face they don't even know. It shows residents the impact that one kind act can do!
2/7/2008	Skiing/Snowboard- Went skiing/snowboarding at Snow Mountain with residents				X	X	We learned how to have fun while increasing community and bonding among each other.
2/7/2008	Pretty in Pink Spaghetti Dinner for the 7th floor girls - The 7th floor girls all dressed up in pink and had an Informational, Multicultural, and Social dinner!	X	X			X	We presented different types of Romeo and Juliet stories from different cultures, and other love stories from different cultures followed by a discussion of the different stories with the residents; Making the program both multicultural and Intellectual. This was also a transitional social because there had been a lot of tension on the floor in the past week and this allowed the girls to all come together and enjoy each others company along with a spaghetti dinner.
2/8/2008	Hypnotist/Comedian Show -A group of residents went to the Mike K Hypnosis show.				X	X	Brought out a large group of residents and got to see how different ones react to hypnosis in front of an audience. Residents learned about the effects of hypnosis, while having a great time laughing and watching the show.
2/8/2008	Trip to Ronald McDonald House- went and cooked dinner for the families				X		This is a good community service project and everyone that attended was able to relax and enjoy themselves while giving back to the community.
2/8/2008	Residents got together for a "Secret Valentine" Program. Each resident picked a name and made a valentine for that person.				X	X	We learned more about each other while having a blast decorating a valentine for each other.
2/9/2008	Ice Skating- We went ice skating with our bible study at church: It is called The Fold. Students from BU came and also members of the church.					X	We went ice skating and learned about each other. We had a good time fellowshiping and found new people to come to our bible study.
2/9/2008	Fundamentals of Fashion: Fashion Show. Fashion show with dancing and modeling. There was also an Aids Awareness segment attached to the show.		X		X	X	Residents mingled and viewed various fashions and skits and supported the Women's Center in the process. Socialized with residents from the floor which helped develop more community in our hall.

2/10/2008	Girls Scout Dance Off- Teachers of the various dance classes in the dance ensemble took the time off on a Sunday afternoon to teach the girls a few 8 counts.				X		The practice was a successful program. The girls enjoyed themselves. Shared great conversation with residents and supported our community.
2/10/2008	Valentine's Day cards for nursing home.				X		We learned the value of how much a small act of kindness can make on a person. We got together in our Columbia community to help make the day for someone in our <u>Bloomsburg Community</u> .
2/11/2008	Bloomsburg University Student Theatrical Educational Drama (B.U.S.T.E.D.) Episode – Student actors perform stories/events that happen to everyday college students. B.U.S.T.E.D. puts a comedic spin on serious topics such as dating, STDs, self-injurious behavior, sexual assault, alcohol abuse, relationship issues, and pregnancy.	X	X	X	X	X	Audience members have a great time following the story lines of the characters of the show. The stories are easily relatable to student issues. We always have a great time watching what will happen next!
2/11/2008	VITA every Monday, preparing taxes for students and lower income taxpayers who cannot afford to pay a tax preparer	X			X		I learn more and more about taxes ever week and helping the less fortunate is rewarding in itself.
2/11/2008	Why Sleep? Come find out. Nap time with Amanda and sarah - an educational program on the importance of sleep.			X		X	Students learned the importance of sleep, and the effects sleep deprivation can have on them as college students. Students learned effective ways to relax if they are having trouble sleeping and also the importance of a sleeping schedule.
2/11/2008	Rec Center w/ Staff & Residents			X		X	Taught residents basketball tips, gained communication skills.
2/11/2008	Volleyball Game at the Rec, I played in an intermural volleyball game with a few residents on a team.				X	X	The students and I both learned about teamwork and how to work together.
2/11/2008	Resume Writing workshop, Jeanne Fitzgerald put on a workshop about how to write a resume for students.	X					Residents and I learned how to write a resume properly.
2/11/2008	CA Win A Date at Upper Campus				X		I did not win a date, but I learned about other staff members and residents.
2/12/2008	Cultured Cards for Nursing Home		X		X		This Program allowed fortunate individuals to express concern and care for those who maybe less fortunate. We had a great turnout, totaling over 25 people resulting in over 40 beautiful Valentine's Day cards being made. We also took this time to explain the ways that different cultures define and celebrate Valentine's Day.
2/12/2008	Cards for Kids to benefit the Ronald McDonald House				X		This program will allow residents to show their creativity in making greeting cards for kids at the Ronald McDonald House. This is also a chance for them to put a smile on someone's face they don't even know. It really shows residents the impact that one kind act can do!

2/12/2008	Test your knowledge Jeopardy.	X		X		X	Residents learned various facts on different categories while being tested jeopardy style.
2/12/2008	Decorating cookies and making Valentines Day cards for Columbia custodians				X	X	Community Service activity where we created cards and baked cookies for the custodial staff in our building, brought awareness to the group of other people.
2/12/2008	The Dating Game					X	Residents pretended to be on their own dating game show! They picked their soulmate through questions made up by the panel. They got to relax and enjoy the time away from academics.
2/13/2008	Root Beer Pong	X		X		X	This program allowed residents to be competitive and at the same time learn about the effects of alcohol on the body and how it effects their performance in academics.
2/13/2008	Relay For Life- My community service group and I organized and hosted a bake sale to raise money for Relay For Life.				X		We had a ton of fun with the bake sale. Raised \$135.00 for cancer research for Relay For Life team.
2/13/2008	Blood Drive - The Red Cross held one of its blood drives to collect blood.				X	X	CA & residents donated blood for the blood drive, to help those who need blood.
2/13/2008	Nonviolent Sexuality- Guest speaker came to talk to talk to the university about the serious side of sex			X		X	We learned what is appropriate in a relationship and sexual encounter and what constitutes rape in many different situations.
2/14/2008	Candy Grams- Residents paid a 50 cent donation to have a pack of candy sent to another resident in the building. All proceeds to benefit Relay for Life. Each box contains a small piece of information about Relay for Life, so the residents could be aware of what they were donating to.	X			X		Residents learned how easy, simple, and enjoyable it can be to help others in the community. Raised a total of \$20.00.
2/14/2008	I am Loved					X	This program is to inform the residents that there are people out there that care for them.
2/14/2008	Black History Month Pencils were given to residents of 2-east. Each contains a piece of information about black history month.	X	X				This was a passive program that put a smile on the faces of every resident on 2-east. They were also given some information that they may not have known before!
2/14/2008	Blood Drive				X		Helping out with this event helped residents realize that every person can make a difference.
2/14/2008	Dance at the Danville Nursing home	X	X	X	X	X	Being a part of Rotaract it was easier to find a Community Service Project that my Residence could participate in with me. We went for a dance. It was an experience of a life time.
2/14/2008	Midnight Pizza					X	Great event that helps residents get out of their rooms and to converse with others. A great alternative event on a Friday night.

2/15/2008	Bingo					X	Playing Bingo with the residents and staff was an opportunity to take a break from classes and have a good time. It also gave us a chance to try and win some money!
2/15/2008	Lay Your Head on My Heart- A program to make a Valentine's gift for that special someone or the local homeless organizations.					X	We learned how to make pillows that often require teamwork especially if you didn't have the proper skills or patients to hand-make the pillow.
2/15/2008	"Love Quotes Game" I placed hearts with love quotes around my hallway. Anyone who submits a paper saying who said each quote wins a prize.					X	These quotes not only offer my residents an opportunity to relax at their convenience, but they contain some famous and useful sayings concerning love.
2/15/2008	Big Bad Voo Doo Daddy Concert					X	Students had fun socializing and listening to some music.
2/16/2008	Night Class Dance Club – Monthly dance club sponsored by Program Board.					X	It is always fun to go to these dances with residents. It encourages good friendships, a healthy environment, and helps to build a tight-knit community.
2/16/2008	Sledding with my residents					X	By going sledding with my residents I was able to spend time getting to know each girl better. They shared some of their snow day traditions from home, and got some time to <u>learn more about me as well.</u>
2/17/2008	Open Mic Coffee House, A few CA's set up a coffee house where residents could come and show their talent.				X	X	The students cheered for one another and learn how to show their support for others who were performing. Learned to appreciate different forms of art: intrament playing, poetry reading, singing.
2/18/2008	Etiquette Dinner- Organized by PBL. Students were given lessons on how to properly eat when in a professional setting.	X		X			I learned how to act professional while eating "difficult" foods in a business setting such as french onion soup, and pasta.
2/18/2008	Building a cultural Bridge sponsored by the BCS	X	X				Residents had the opportunity to see the separation between Africans and African Americans. They walked away with a better appreciation of both.
2/19/2008	Understanding HPV	X		X			Residents learned so much about the HPV virus and all of the effects it can have on you. They learned who is most likely to be infected and how to treat the virus.
2/19/2008	Special Olympics Basketball at the Bloomsburg Elementary School			X	X		Residents went to Bloomsburg Elementary School to work with Special Needs children and teach them basic basketball skills.
2/19/2008	Halo Tournament to benefit Relay for Life				X	X	Students had fun socializing and donated to Relay for Life at the same time. We collected 15\$.
2/19/2008	Pie Your CA in the Face - Residents were allowed to pie the CA of their choice for a small fee, and all proceeds went to the Belize Project				X	X	Many people showed up to throw pies, and many others came to simply watch and enjoy. Residents learned that money can be raised for charity while still having fun.

2/19/2008	Cups for a Cause - Alcohol awareness program in the 1st floor lounge. DAWN supplied alcohol information and the drunk goggles. Students were provided with a rootbeer keg and rootbeer pong.	X		X		X	Residents learned about the dangers that alcohol can have on ones body and how your perception and vision can be affected while engaging in a few games.
2/19/2008	Bridging the Cultural Gap. An open discussion between Africans and African Americans on campus to discuss cultures and history of the people and their ancestors.		X			X	Learned a lot about the various types that other students face on campus. It was a good way to show that others face the same problems and there are a big group of people you can lean on for support and/or advice.
2/19/2008	Charity Poker Tournament				X	X	This program gave the residents a chance to socialize with each other and be competitive at the same time. They each donated at least 1\$ to play, and all the preceeds of 35\$ went to the YMCA.
2/20/2008	Sleep and Dreams sponsored by WRC	X		X		X	We learned about some ironic dreams of people that actually benefited the person in a major way. We also learned some steps to interpreting our dreams and some interesting sleep and dream facts.
2/20/2008	African Heritage: A speaker gave a presentation on African heritage and pride in your heritage	X	X	X			Residents discussed on the struggle of being able to be proud of one's heritage. Some of the smaller battles, as well as many reasons why to be proud, were discussed.
2/20/2008	World Bingo - This was hosted by Lycoming Hall in the TV lounge. The program was about teaching residents about world geography while playing bingo.		X			X	This event taught residents on various facts about culture and countries. Students found a fun way to learn facts while playing a game.
February	Share the Love Valentine's Day Programs, Door Decorating, Card Making & Other Love-Themed Events in February			X	X	X	At this program, we made Valentine's Day cards for the people who may not be fortunate enough to have a Valentine. This taught everyone that its good to do things for other people instead of always thinking of yourself. Explore social groups and social opportunities, as well as participate in events that develop skills fostering independence, responsibility, and preparation for life after college.
2/20/2008	<u>Gameshow</u> : Test Your Knowledge...Jeopardy Style We broke the group into 3 teams, and played Jeopardy with 12 different catergories to choose from.	X	X	X		X	This was a program that challenged our residents to see how well they know this school, history, geography, sexuality, recycling, the Columbia Hall CAs and more.
2/20/2008	Midnight Pizza					X	Learned about different cultures and different types of music through listening to the band perform that was there.

2/20/2008	Floor Wars Game Show-Students get into teams and battle out how much Bloom trivia they know.	X				X	Students tested their knowledge to see how much information they knew about the university. The questions were put on cards without showing point values. If answered correctly they were told how many points it was worth. If it was not answered correctly the other team could either steal the question or it is placed back on the board to be answered later.	
2/20/2008	Adinkra Cloth Making- used an old tradition to make something beautiful.	X	X			X	Learned the History of Adinkra cloth making and then designed our own cloth from the Adinkra symbols.	
2/20/2008	Bloomsburg Men's and Women's Basketball Games: The women won but the men lost, again.					X	If game schedules were more well known, maybe more students would come.	
2/20/2008	Moon Children- When down to the Bloomsburg Theatre Ensemble to watch a play.	X				X	The play got my resident and I to think and talk about life after college.	
2/20/2008	"Color me Tie Dye" (Tie Dye)					X	X	The Second and third Floor Girls bonded with a guess appearance by Ellie Daniels, who helped teach the girls different patterns to dye their clothes. I learned how to plan better as a team and create new designs.
2/21/2008	Harlem Renaissance	X	X				Learned the history of the Harlem Renaissance and performances such as poetry and singing were reenactments by students of the pioneers of the Harlem Renaissance.	
2/22/2008	Children's Fair at the Columbia Mall					X	This was a program for the residents to help out the community. They went to the mall and were able to put a smile on children's faces all day long.	
2/23/2008	Nursing Home Visit					X	This was also a great opportunity to help out in the community. It was nice to get to know the residents and talk with them about their lives. They were able to share with us the great knowledge that they had acquired over their lifetime.	
2/23/2008	Poker Tournament					X	X	Residents and staff were able to get to know each other, bond, and relax over a friendly game of cards.
2/23/2008	Bloomsburg Men's Basketball game: Watched the Huskies extend their losing streak.					X	X	School spirit is at a serious premium. Four DeSales moms cheered louder than the maybe 100 people on the Bloomsburg side.
2/23/2008	The Jared Box Project: Made informative bulletin boards about the project and about Jared. Residents donated money, some made their own box, to help create a Jared box for Geisinger Medical Center. We also made boxes full of toys for boys and girls in local hospitals	X	X	X	X	X	No matter how old or young you are, one can have a significant impact on many people's lives. Many people are willing to help out or donate to a good cause, you just have to inform them about it and ask them to donate. Learned of a way to help the local community and teamwork	

2/24/2008	Moonchildren sponsored by BTE	X				X	The residents were given a chance to get off campus, and enjoy quality time with their CA's while being informed about graduating from college during a time of war and paralleled these issues to today's issues.
2/25/2008	Study Session in LLC (Residents brought textbooks for classes that they had tests coming up in.	X				X	Brought residents together to study different subjects and to work on any work needed to be done. Some residents studied for Biology, others worked on Calculus homework, and I began a paper that was due at week's end.
2/25/2008	BUSTED Episode # 23- Drama series about college students every day struggles. Included scenes discussing personal awareness issues, academics, stress, relationships, alcohol, gay/lesbian/bisexuality and gambling addictions	X	X	X	X	X	Students can have a good time while learning about college life and issues that college students face and confront on an everyday basis.
2/25/2008	Presentation by Ernst and Young Accounting Firm- This was an open forum about accounting firms instead of the normal presentation that a firm makes about a specific topic.	X				X	They brought some questions and answered student's questions about making the transition from college life to the professional world.
2/26/2008	Sankofa Lecture Series One: Guest Speaker- Victor Broomer "Achieving Greatness". This Gentleman gave an inspirational presentation on how one can unlock their true potential and the steps to do it.	X	X				This was a motivational lecture beased hosted by Multicultural Affairs to show us how, we as students, can unlock the potential we already attain by a series of workshops and crowd participation.
2/26/2008	Bowling Event with the MIND Program- Students were paired up to spend an evening of bowling and talking.				X	X	A Mentor and Mentee event to get away from campus and bond with one another and discuss how school and life is going and using bowling as a distracter
2/26/2008	Hallway Decorating Extravaganza				X	X	With the plain white walls in the hall beginning to become tiresome and boring. I organized this social for the entire hall to get out of their rooms and decorate the walls around their doors. This allows the residents to show some individuality. Overall, it was a fun, team building, experience.
2/27/2008	Bloomsburg Men's and Women's Basketball games: I'm assuming the Men are going to lose again, but I hope we can end the season with a win at home. Sorry but I'm going after this is due. The Women have a shot at ending their season on a positive note.				X	X	As always, the question of "Will the students come out to the game?" is being proposed. They came when "challenged," but loads of free stuff, flyers throughout campus for weeks, and free pizza cannot be given out at every game. I have no clue how to get attendance at the games up.

2/27/2008	The Vagina Monologues- a Monologue, a Dream, a Rant and a Prayer, was series of written pieces by various authors, read by students to draw attention to women's rights.	X	X	X		X	This program was very enlightening for both myself and other students who attended. I learned about situations going on in Darfur, in Iraq, and in the Unites States that I hadn't known about previously. I listened to rants by various authors about rape, incest, and how the entire world demeans women. I heard a student read a monologue about a man who attributes the man he is today to the women he was raised by. I think that this program made students open their eyes to situations going on in the world today that they wouldn't normally think about, and that caused them to demand change, and to take responsibility for their own actions, and of those around them. I believe it's an eye opening experience for students to attend.
2/28/2008	Black History Month Bingo		X			X	Playing Bingo with the residents and staff was an opportunity to take a break from classes and have a good time. It also gave us a chance to try and win some money! We also learned about some signification people who are honored this month.
2/28/2008	Origami Making					X	We learned how to fold paper into beautiful creations.
2/28/2008	Jared Boxes - As a wing the 7 South girls participated in puttting together a Jared Box. They either donated a small toy or \$2 which will go toward purchasing toys for the boxes.				X		The girls and I learned the importance of supporting our local community and also supporting programs put on by other Cas. The girls were also surprised to learn about how many people are coming together to help with the Jared Boxes.
2/29/2008	Intramural Volleyball- Played intramural volleyball at the Rec Center				X	X	We learned how to work together as a team to reach a common goal.
Every Mon/Wed	Girls Bible Study- we discuss scripture from the bible, and talk about issues that are important to us, and what we are dealing with. We develop interpersonal relationships, and try to do outside activities with each other as well.	X					Lately we have been learning how to be content with struggles, we have been doing a study from a book called "Calm My Anxious Heart" and it has really been helping us deal with our stress while reading scripture from the Bible, and fellowshiping with each other.
Every Monday	Campus Crusade for Christ: We gather together and fellowship while we learn about God.	X			X		We have learned more about God, and I have encouraged my residents to go. It is very educational, and I have learned so much since joining this organization.
1/14/08- Present	Blood Drive- donate blood for the American Red Cross.			X	X		Learning how I could be a benefit to the medical community by donating my healthy blood and gave nine hours of my time to participate in seeing to the drive was a success; working desks and recruiting people to give blood
2/12/08-3/7/08	Intramural Volleyball- Played intramural volleyball at the Rec Center with residents.				X	X	Learned how to work together for the benefit of the team and interact in a sportsman-like manner

1/17/2008 - 1/21/2008	Madden Tournament - For a monetary buy in, residents competed in a video game tournament. All proceeds to benefit the Bloomsburg Food Cupboard				X	X	This program was used to help build multiple-floor community and allowed students to reach out to other floors and make friends while also helping with their community. Raised a total of \$47.00
January- February	Church - Residents attended Sunday School and Church services where we discussed and learned about God		X	X		X	In Church, we are going through the book of Hebrews, learning how to apply each and every passage.
January- February	Library/Study lounge/study sessions;	X		X		X	Studying for exams and finals together helps us bond, but also helps us understand the information better. Having a decorated study lounge is a good way for everyone to be relaxed to study and motivates people to help each other out.
January- February	Penny Wars to benefit Relay for Life				X	X	The residents became more aware of ways to help out the surrounding community. They also enjoyed a little friendly competition by trying to be the wing that collected the most. Raised a total of \$54.00.
February	Penny Wars to benefit the Bloomsburg Food Cupboard				X	X	The residents became more aware of ways to help out the surrounding community. They also enjoyed a little friendly competition by trying to be the wing that collected the most. Raised a total of \$51.00.
February	Candy Grams - Residents paid a 50cent donation to have a pack of candy sent to another resident in the building. All proceeds to benefit the Bloomsburg Food Cupboard				X		Residents learned how easy, simple, and enjoyable it can be to help others in the community. Raised a total of \$35.00.
February	BUDDY Program - after school program for middle school kids	X			X	X	students learn how to work with kids as those of us in the exercise science department work to prove that exercise, even for an hour after school is beneficial.
January	Bulletin Boards (What's going down?, Keith Herring/Aids, Make the New Year a Hit, Black History Month, Get Cultured, Diversity, Study Tips, Time Management, Nickelodeon, Origin of Chocolate, Calorie Intake, American Heart Month, State Capitals, How to Read Sheet Music, Smoking, Snapple History/Facts, Safe Sex, Valentine's Day, Hockey History, Frederick Douglass Living Learning, Civic Engagement, Education LLC, Nursing 101, Project, Red, About Me & My Community, Love is the Movement, the Skinny on Dieting, Dating, Snowflakes, Protecting Yourself in Intimate Situations, Rose Parade, Recyclemania, Mardi Gras, Celebrity Lawbreakers, America's Next Top Models, History of Nintendo, BU Sports, Astronomy,	X	X	X	X	X	CAs displayed bulletin boards in their hallways concerning important topics of the month. Residents learned interesting and/or little known facts about all of the topics. These topics affect a majority of all college students at one time or another, so having this information displayed where students can access it easily could potentially have a profound positive impact on them in a variety of ways.

February	Bulletin Boards (Chinese Zodiac, Peace and the V Sign, Rape and Relationships, How to Tie a Tie, Adam's top 10 Albums of 2007, Dr. Martin Luther King, Drinking Dilemma, Powerful Presidents, No Fun in the Sun: Risk of Skin Cancer, Abuse Education, Rape Awareness, Winter Safety, America's Next Top Role Model, Facts About Language, Eating Disorders, Love Yourself, Fast Food, Anorexia, Diversity Discrimination, 7 Habits of Highly Affective People, Test Anxiety, Organ Donation. Alcohol, the Healthiest You, Building Abbreviations, Love Poems, Safety First, Academic Success, Time Management	X	X	X	X	X	CAs displayed bulletin boards in their hallways concerning important topics of the month. Residents learned interesting and/or little known facts about all of the topics. These topics affect a majority of all college students at one time or another, so having this information displayed where students can access it easily could potentially have a profound positive impact on them in a variety of ways.
Jan/Feb.	Meals with Residents On and Off Campus (Commons, IK, Java City, Union, Monty's, Roongo's, Starbucks, Dunkin Donuts, Denny's, NAPS, Jo-Jo's, OIP, Applebee's, McDonald's, KFC)					X	Residents became better oriented with their hallmates. Residents learned how to cope and deal with different people that they may have not known about before.
Jan/Feb.	Movie Nights: Gathered together as a community and watched the following movies on campus and off campus: American Gangster, Juno, Across the Universe, Knocked Up, No Country For Old Men, Monty Python, Flight of the Dodos, Good Luck Chuck, Aladdin, Darfur, Guess Who, Happy Feet, Superbad, Two Weeks Notice, Transformers, Endgame, Hairspray, Dan in Real Life	X	X	X	X	X	Residents were able to learn about various topics that were featured in each movie. It was a nice break from studying for tests and allowed people to bond together on the weekends as well. Going off campus to a movie theater is exciting because you get to talk about a lot of stuff going on in your life and also hear the different perspective of the movie you saw.

