

Residence Life Programming with an **IMPACT**

Name of CA: **2007 January/February Campus Programming**

Residence Hall/Apt: _____ Columbia _____ Lycoming _____ North _____ Luzerne
 (please check off one) _____ Montour _____ Schuylkill _____ Elwell _____ Apartments

Monthly Report for: _____ August/September _____ October _____ November/December
 (please check off one) _____ January _____ February _____ March _____ April/May

Please describe all the ways that you as a staff member have made an **impact** on the residential community during the month. Include programs, events, bulletin boards, hall decorations, both active and passive that you were involved in:

Date(s)	Event Title & Description <i>Describe briefly what was held or done:</i>	I	M	PA	C	T	Outcomes: <i>Describe what either you or students learned from this event:</i>
1/17/07	<u>Sixer's Game</u> – Students were bused to a Philadelphia 76'ers Game in Philadelphia. Sponsored by MCC					X	Reconnected and bonded during the bus trip and game. This was a great chance to start the semester off on the right foot, while supporting our favorite players.
1/18/07	<u>HIV Testing in Health Center</u> – Students could participate in free and anonymous HIV testing. Sponsored by the Health Center.			X		X	HIV is a rising issue amongst college students. Giving students the opportunity to get themselves tested could mean the difference between life and death and has the potential to prevent the spread of the virus.
1/20/07	<u>Ice Cream Social</u> - Residents met the CA's for some ice cream and spent time socializing. We talked about the upcoming semester and we got some ideas for what type of programs students would like to have later in the semester.				X	X	We really got to know each other. We talked and got some great ideas for programs to throw later on in the semester. We had a really great time.
1/20/07	<u>Craig Karges Magician & Illusionist Show</u> - Performed magic tricks and tricks of the mind with the help of people from the audience. Sponsored by Celebrity Artist Series					X	Learned that with a lot of concentration and practice, tricks are possible to achieve. We also learned that people perceive things differently, and not everyone perceives things visually in just one way.
1/20/07	<u>Lonely Planet</u> – This play, performed by the Bloomsburg Players, touched upon death and the importance of getting the most out of life.			X		X	We learned that even you're scared of the world, it's ok to live your life to the fullest. We gained a new appreciation for life and our experiences.
1/22/07	<u>Anger Management</u> - Exercises were taught to students about stress management. Sponsored by the Women's Resource Center			X		X	Students learned ways of dealing with stress they encounter through everyday activity & life in general. These skills allow them to better handle stress.
1/23/07	<u>MLK Black History Panel</u> - Dr Troy Allen spoke about the importance of African American History's relevance to today's society. Sponsored by the Multicultural Center and the Black	X	X			X	During the discussion we learned that the more educated we are about the African American culture, the more we can be aware of the many attributes and impact it has on the way we live our lives today.

	History Committee.							
1/23/07	<u>MLK Observance</u> - An event on behalf of Martin Luther King Jr. featuring a speech on the impact of MLK, by a New Orleans University professor. Students also performed by speaking poetry and sharing news updates which shared a timeline of segregation until desegregation. Sponsored by the Multicultural Center	X	X	X	X	X	Students learned about the icon in a more truthful way that he has been depicted. Facts about his life were shared that many would not necessarily know. We were able to separate MLK Jr. further from Malcolm X, as well as understand that he lived his mission not only peacefully, but sacrificially.	
1/25/07	<u>Alpha Phi Omega "Rush"</u> – An informative meeting about a national service fraternity on campus.	X				X	X	Students were given the opportunity to learn about a service organization on campus, allowing them to meet new people and become involved with the campus and community.
1/25/07	<u>Cutting Edge</u> – A discussion on self-destructive behavior including self-mutilation and those caused by depression. Sponsored by the Women's Resource Center	X		X			X	Students learned of different depressions and the support some people need. We gained appreciation for those in need and were given tips on spotting self-destructive behaviors.
1/26/07	<u>Midnight Pizza/Bingo</u> – Students played BINGO to win prizes and later attended midnight pizza and karaoke. Sponsored by Program Board.						X	This event teaches students that there are many events on campus to meet others and have fun and is something that brings many diverse groups of people together in a positive atmosphere.
1/27/07	<u>Nite Class Dance Club</u> - A dance club on campus where students can show off their dancing skills and meet others. Sponsored by Program Board.						X	Students are able to find a safe place to let loose frustrations and anxieties, and get to meet and interact with many different people.
1/30/07	<u>Cake Bake</u> – Students and CA baked cakes and socialized to talk about goals for this semester and what qualities we each possess that can benefit each other to create a positive community					X	X	We learned that we are all willing to help each other. Our wing got a chance to bond, creating strong community.
1/30/07	<u>Creative Crafts</u> - Residents made Valentine's Day crafts.						X	Students learned about each other and got to know each other better, while experiencing a new skill.
1/30/07	<u>Scholarship Workshop</u> – Students learned about scholarship availabilities, how to apply for them and their deadline timelines.	X					X	This gave residents an opportunity to be awarded scholarships for the next year which reward their hard work and effort.
1/31/07	<u>Pizza Party</u> - One of the residents threw a pizza party just for fun and we had lots of residents turn out to get free pizza and socialize.						X	Students got to bond with each other and learn about each other in new ways.
2/1/07	<u>Swing Dancing Program</u> - A video was shown about the history of swing dancing. Swing Dance instructions were then given so everyone could learn the steps.	X						Everyone had a great time learning a new type of dance.
2/1/07	<u>Sexuality Issues</u> - Discussion on sexuality men's and women's sexuality issues. Sponsored by Women's Resource Center.			X			X	Students learned new things about the opposite sex. Students discussed problems they deal with and questions were answered about issues facing men and women.
2/2/07	<u>Wear RED for Women Day</u> – Participants wore red clothes in support of the fight against women's heart disease. Sponsored by the Women's Resource Center.	X		X			X	Wore RED most of the day, including tape that had small facts on them, involving how heart disease too is a strong killer of women, not just feminine cancers.
2/2/07	<u>MLK Banquet</u> - The banquet, in memory of Martin Luther King Jr., included a dinner, BU Gospel choir performance	X	X				X	Students were able to enjoy a nice meal as well as a culturally based experience. Attendees were shown how Dr.

	and a skit demonstrating a meeting between Dr. King and Malcolm X. Sponsored by MCC.						King and Malcom X differed in their views of how to handle segregation. They had different viewpoints and different ways of trying to go about handling the problem of blacks and whites but they had the best interest at heart, which was to unite black and whites as equals.
2/3/07	<u>Summit Peace Conference</u> – This event was held in an effort stop the violence in Philadelphia. Speakers from the Men United for a Better America conducted presentation and held an open educational discussion in order bring stereotypes, issues, and hidden opinions to the surface. Sponsored by the Multicultural Center and the Black Cultural Society.	X	X	X	X	X	BU students learned first hand about what occurs daily in low-class Philadelphian areas. This program also informed our students on issues concerning drugs, sex, violence, and how commonly embraced stereotypes affect our world. We gained appreciation for different types of communities and are motivated to make more of an effort to promote non-violence in our community.
2/4/07	<u>Super Bowl Trivia Party</u> – Residents came to watch the game, eat food and answer trivia questions before and during the half-time show.	X				X X	This was a successful program because residents had a place to go to watch the game and some did school work at the same time. They enjoyed the free food but also the company of other football fans. They also enjoyed the trivia and were challenged by the questions.
2/5/07	<u>Housekeeper Appreciate Day</u> – Students and staff created banners, cards, gifts and messages for the housekeepers who work in the building.					X	Students interacted w/ the custodial staff & built a more tight knit sense of community.
2/6/07	<u>Women Around the Globe</u> - Informational meeting about women and the issues they face in today’s society. Sponsored by the Women’s Resource Center.	X	X			X	Discussed the issues that women must endure around the world; specifically the discrimination and torture they experience.
2/7/07	<u>Condoms Galore</u> – Games, such as trivia and condom checkers, were organized to educate residents about safe sex. Pamphlets containing sexual awareness information were handed out to everyone present.	X					The residents and the CA’s liked this program because it was a fun way to learn about safe sex. The winners of checkers were given condoms as prizes. Anyone who answered trivia questions correctly also received condoms as prizes. Some facts about pregnancy and STD’s were also given to the residents and they seemed to appreciate the information.
2/7/07	<u>Rape Awareness</u> - This program educated the audience on issues related to rape and how to avoid becoming a victim.	X			X		This program also educated BU students on the importance of this prominent issue. Students learned ways to protect themselves from becoming a victim.
2/7/07	<u>You Can’t Always Get What you Want, But you Might Get What they Need Lecture</u> - This lecture covered the explanation of taking in advanced community research in a county wide survey done by the sociology department called: “The Columbia County Needs Assessment.” Sponsored by ICS.	X			X		Those attending learned how data was accumulated, recorded, documented, and how it will eventually be published for an applied community research survey/project.
2/8/07	<u>C.G.A. Student Recognition Press Event</u> - C.G.A. hosted an event for the community to highlight the community service activities of all of our students.					X	Students were able to interact with community leaders & school officials to come up with new ideas on advancing the Bloomsburg community.
2/8/07 - 2/10/07	<u>Vagina Monologues</u> – Performance involving students and community members to share stories and experiences of women, as well as educate about struggles and issues	X	X	X	X	X	I learned that you need to appreciate your body and being afraid of it means not knowing and not knowing can lead to bad health. We also learned about the difficulties and

	facing women all over the world. Money raised from the performance benefited the Bloomsburg Women's Center.						obstacles that women from other countries face from day to day.
2/9/07	<u>Black History Month BINGO/Midnight Pizza</u> – Students played BINGO for prizes in celebration of Black History Month and later attended Midnight Pizza/karaoke. Sponsored by Program Board and the Multicultural Center.		X			X	Residents got to have a fun time playing bingo, and learned some important figures of black history. They then got to showcase their singing/dancing talents while enjoying free food.
2/10/07	<u>The Sankofa Conference</u> – This day-long conference consisted of informational sessions and workshops addressing current issues on campus to educate students about African American history and promote tolerance and community in today's society. Sponsored by the Multicultural Center.	X	X	X	X	X	The Conference was a great learning and networking tool. This conference ideally was about empowerment and the conference welcomed all races not just African Americans. It was an enlightening and powerful experience where we learned self-esteem improvement skills, community and cultural awareness.
2/10/07	<u>Valentine's day Skin Care Party</u> – A representative from Mary Kay came to educate students on the proper ways to take care of your skin and how to apply make-up.	X			X		We learned about make up and skin care. When you have the right tools for the job, your confidence improves.
2/12/07	<u>Singles BINGO</u> – Residents played BINGO featuring facts about Valentine's Day and how to get a Valentine's date, for prizes. Sponsored by LLC.	X				X	This was a fun and relaxing event for those who were single and those who were not. Everyone had a great time.
2/12/07	<u>Valentine Card Making</u> – Residents came together and created cards for their loved-ones, family, roommates, etc.					X X	Residents liked the idea of this program because they knew they were going to make someone happy that received their card. They liked that they were reaching out to others and were able to make cards for themselves as well.
2/12/07	<u>C.G.A. Presidential Debate</u> - Students interacted with the students running for C.G.A. president & were allowed to address campus issues. Those attending were able to listen to their views and ideas about improving the university and the changes they would like to be seen made. The candidates took questions from the audience on other issues happening around campus and took suggestions on what could be done to improve the situations.	X				X X	Students learned about the candidates' ideas and how important it is to get involved with student affairs. We had the opportunity to discuss things important to us and to share with C.G.A. how we feel about campus issues.
2/13/07	<u>PLP Application Help</u> – Workshop to guide PLP students through the re-application process for the following year.	X					We learned more about guidelines and requirements for PLP and how to fill out the application.
2/13/07	<u>Family Feud</u> – Residents played a version of the popular game show with a Valentine's Day theme. Students answered questions about Valentine's Day and competed for prizes.					X	Residents learned how to work together as a team in making decisions. They were also able to meet new people and have a good time. Residents learned that it's good to take a break from stressing and just relax and have some good clean fun. Residents felt challenged when trying to guess on the spot people, places, or things to fill a category. This was positive pressure and they had a lot of fun with it.
2/13/07	<u>Chocoholics</u> – A speaker from the counseling center spoke about the effects of addictive behavior, focusing on chocolate and food addictions.				X	X	Learned about addictive behaviors and how they can affect your daily life, many people have addictions, even with something as simple as chocolate or food.

	Sponsored by Multicultural Center and Women's Resource Center.						
2/14/07	<u>Secret Cupid/Secret Admirer</u> – Residents exchanged names, made/bought presents for their person and gave their gifts on Valentine's Day.				X	X	This event allowed residents to take an interest in one another and made them consider what the other would like. Everyone had a great time and appreciated the time that their cupid/admirer put in to their gift.
2/14/07	<u>Valentine's Day Treats</u> - Handed out candy to the residents.					X	Residents appreciated the gift, especially if they did not have a Valentine's sweetheart.
2/14/07	<u>Anti – Valentine's Day Party</u> – Ice cream party to allow those without a Valentine's sweetheart to come together and have a good time.					X	Residents learned that Valentine's Day can be shared with the love between friends and that you don't need a date to enjoy yourself on the holiday. Residents again learned that taking a 15-20 minute break from studying and doing homework helps to lower stress levels. We learned a lot about each other and it was a good bonding experience.
2/14/07	<u>Snow Day Fun</u> – Students took advantage of the snow-day and had snow fun (sledding, snowman making, snowball fights, snowboarding, shoveling snow).					X	Everyone was able to enjoy a special day off from class and just relax and play in the snow. This was a huge stress reliever and bonding experience.
2/14/07	<u>Win-A-Date</u> - Residents got to win a date with a CA by competing in a game show.			X		X	Residents got more open to having fun with the CA staff and the winners had the opportunity to get to know one of the CA's on a more personal level.
2/17/07	<u>Pool Tournament</u> – Contestants shot several rounds of pool to win a prize.					X	Contestants learned helpful and fun tricks to make good shots by talking to one another. This event allowed students to showcase their skills in the game of billiards.
2/18/07	<u>Rounding Third</u> – This play, performed by the Bloomsburg Theatre Ensemble, was about baseball coaches' views on competition and winning.				X	X	We learned that winning is not every thing. It is more important to make friends and have fun trying. Residents learned of more events that are held off campus.
2/19/07	<u>Bloomsburg University Student Theatrical Educational Drama (B.U.S.T.E.D.) Episode 17</u> - An improvisational drama performed by Bloomsburg students to educate the student population about problems students face in everyday life. Student actors perform stories/events that happen to everyday college students. B.U.S.T.E.D. puts a comedic spin on serious topics such as dating, STDs, self-injurious behavior, sexual assault, alcohol abuse, relationship issues, and pregnancy.	X	X	X		X	The students are able to see some of the real life pressures and difficulties in college life on stage and are able to learn some different ways to cope with those stresses. The show also has some comic relief which enables students to see serious issues from a more relaxed point of view. Students became more aware of issues they or others may be facing and how to handle and deal with them.
2/19/07	<u>Mardi Gras Party</u> - Facts about the history and traditions of Mardi Gras were discussed and residents made masks for themselves in celebration.	X				X	Residents like the idea and were eager to learn about Mardi Gras. They enjoyed the mask making and were able to bond with each other.
2/20/07	<u>Dollar Dinner with Residents</u> – Prepared and served a meal for students and the community.				X	X	We learned to work together by preparing and helping to serve others. We also learned some cooking tips and skills. This was a good opportunity for students and community to come together and share food and thought.
2/20/07	<u>All I Ever Did Was Love a Man</u> - Author of the book, "All	X		X			We learned statistics about the HIV/AIDS epidemic and

	I ever Did was Love a Man” spoke to a diverse audience on issues concerning the HIV/AIDS epidemic. Sponsored by the Multicultural Center.						were taught the most effective ways to avoid transmission of the virus. We also learned the probability of contracting. It is very important for residents to be more aware of the need to be safe on campus.
2/21/07	<u>Choco Cultural</u> – Residents were educated on the history of chocolate, and were provided with chocolate samples from a variety of countries to share and sample.	X	X				Many residents liked this program because they were able to taste different types of chocolate from different countries. Many of them were amazed at the different tastes of chocolate and many were interested in the history that was given.
2/21/07	<u>Campus Safety</u> - Issues about college safety that have been happening in surrounding colleges and universities were discussed, such as new safety technologies implemented on campuses (metal detectors, cameras).			X	X	X	We learned a lot about campus safety in this program. We learned that our campus is safe and discovered how much our police officers do to keep us safe.
2/22/07	<u>Deal or No Deal</u> - This game show, which mimicked the popular television show, gave students the opportunity to win money. Sponsored by Program Board.					X	Residents learned that they could socialize with other students and have fun at the same time. This event was another opportunity to get to know residents some more outside of the dorm setting, and gave students the chance to win big money.
2/22/07 - 2/24/07	<u>Urinetown</u> - This musical, performed by the Bloomsburg Players and Bloomsburg Theatre Ensemble, was about a town that has to pay to go to the bathroom because they are in such a drought.				X	X	The play was really great. It was really funny and the actors and actresses really did a great job!
2/22/07	<u>Sociology Discussion Panel</u> - Three sociologists working on their PHDs discussed their experiences with graduate school work.	X		X		X	We got up close and personal with the panel. They went into specific detail on their research and they gave us some great advice about paying for grad school. The most important thing we learned about grad school is that someone is always willing to help pay for it.
2/22/07	<u>The Process & Experience of Graduate School</u> - Presented by Melissa Taylor, PH.D. Melissa discussed where to find graduate school information, how to differentiate between the different research levels and the different aspects of them. She spoke of her personal experience preparing for the GRE test and resources available. She also spoke of the different financial aid options of graduate students, and the graduate school work load.	X		X		X	Students who came to the program got a valuable perspective of graduate school, from preparing for the GRE, to finding financial aid, assessing schools, the course load, and most importantly the outcome and job prospects/flexibility. Taylor gave us real-life insight into graduate school and motivated us to continue our educational pursuits.
2/22/07	<u>Battle of the Sexes</u> - Game show with challenges between the males and females to educate about issues from sexuality to abuse. Sponsored by the Multicultural Center and the Student Organization of Latinos.		X			X	The speaker was very good and we learned that abuse in a relationship goes far beyond just physical and often times many women hide it so well because they blame themselves. Abuse is something that women, men and children suffer from even on college campuses. Students had a fun time during the game show challenging one another. It was a fun and informative event.
2/23/07	<u>Midnight Pizza/Bingo</u> – Students played BINGO to win					X	This event teaches students that there are many events on

	prizes and later attended midnight pizza and karaoke. Sponsored by Program Board.						campus to meet others and have fun and is something that brings many diverse groups of people together in a positive atmosphere.
2/24/07	<u>Comedian Louis Ramey</u> – This comedian, featured on HBO and Comedy Central, brought humor to the lives of students by adding a hilarious spin to everyday issues. Sponsored by Program Board.				X	X	Residents had a great time at this event. The real-life scenarios discussed allowed students to connect to the comedian. This was a good opportunity for students to take the night off and relax.
2/24/07	<u>Nite Class Dance Club</u> - A dance club on campus where students can show off their dancing skills and meet others. Sponsored by Program Board.					X	Students are able to find a safe place to let loose frustrations and anxieties, and get to meet and interact with many different people.
2/26/07	<u>Cross Cultural Cooking Contest</u> – Residents cooked dishes/desserts from various cultures and gave a short description of the history of significance of the dish to their culture. Dishes were judged and prizes were awarded for the top.	X	X		X	X	The residents really enjoyed this event because it was unique. Residents were able to show their cooking talent. Also, many people came to taste the food and expand their knowledge while also having fun. This was a fun, educational multicultural program that used a different approach to get residents involved and was a big success.
2/26/07	<u>Creating Home/School Partnerships</u> – Dr. Patte, BU professor in Elementary Education, spoke about the importance of creating family connections in the classroom and school.	X					We learned useful ideas on how to keep open lines of communication between students and their families. This information is valuable for students with careers in education.
2/27/07	<u>Latino Night</u> - A Latino fraternity sponsored the showing of the movie <i>In the time of the Butterflies</i> , and allowed students to sample several types of Latino foods while learning facts about the Latino culture. Sponsored by the Multicultural Center.		X		X	X	Residents learned interesting facts about the Latino culture, while experiencing unique foods. The movie allowed for in-depth conversation to develop tolerance and appreciation of other cultures.
2/27/07	<u>Computer Crime Investigation</u> – One of the monthly Computer Science, Mathematics, and statistics seminars featuring the roles of electronic evidence and computer forensics in criminal proceedings.	X				X	Students learned more about the computer forensics major offered by the university and became familiar with the unique ways technology is being used in this field.
2/28/07	<u>Food Show/Exhibit</u> – Food vendors presented various foods to allow students to give first-hand input as to the food served on campus.			X		X	Some of the food was bad, but a lot of the food was healthy. Ultimately we got to sample a little bit of everything to see what we might be consuming in the future. It was a great way to try new foods and to give feedback to food service.
2/28/07	<u>Mardi Gras Game Night</u> – Information on date rape, condoms and other sexual awareness topics were discussed. Sponsored by DAWN.	X		X	X	X	Students learned about date rape and other sexual awareness issues to keep themselves safe. This was a last minute event. It would have been much better if planned earlier, but we still had a great turn out and it worked out very well.
Weekly	<u>Impact Movement</u> - This program is held weekly in the Kehr Union Building. This event promotes Christianity and is held mainly for the congregation of any who decides to attend. This religious program is made an attempt to also create a more social environment for Christians.	X	X			X	Bloomsburg University Christian students learned how to become stronger in their personal Christian walk. Activities are structured to be related common Christian morals and values.
	<u>Community Service Projects</u> - Raise money for Women’s Resource Center				X	X	Students worked for, or in collaboration with, members of the community to benefit those in need. Events benefiting

	<ul style="list-style-type: none"> - Luke's Life hot chocolate sales - 5 Buck cuts for Leukemia (PNET) - Visit and Valentine delivery for Bloomsburg Health Center residents - Jewelry and craft-making for the Bloomsburg Children's Museum - Bake sale for the Bloomsburg Public Library - Kards for Kids - CCM Dollar Dinner - Bloodmobile Blood Drive - Sweetheart Dinner - Letters to soldiers in Iraq - Party for a Cause for Ovarian Cancer 						<p>those in the immediate and extended community build positive and productive relationships and give students a sense of purpose. These experiences can be very humbling and rewarding for all involved.</p>	
	<p><u>Bulletin Boards</u> (Resident Spotlight, Black History Month, Weather, Oil of Oregano, Mercury, Winter Skin Tips, Myth Busters, Who's Helping Our Earth (CE LLC), Credit Cards, Depression, Dental Hygiene, If the World Were 100 People, Dating Tips, Alcohol Awareness, Heart Awareness, Study Tips, Test Taking Tips, Skin Cancer, Steroids, Snow Facts, Super Bowl Facts & Trivia, Drunk Driving, Smoking Awareness, Holocaust Remembrance,</p>	X	X	X	X	X	<p>CAs displayed bulletin boards in their hallways concerning important topics of the month. Bulletin boards corresponded to their monthly themes. Residents learned interesting and/or little known facts about all of the topics. These topics affect a majority of all college students at one time or another, so having this information displayed where students can access it easily could potentially have a profound positive impact on them in a variety of ways.</p>	
	<p><u>Wing Decorations</u></p> <ul style="list-style-type: none"> - "About Me" crossword puzzle (quizzes residents on information about the CA) - Paper fridge for residents to display good grades/projects/artwork and accomplishments 					X	X	<p>Decorations on wings create a sense of community, allow staff and residents to be creative and develop a more "homey" and comfortable atmosphere.</p>
	<p><u>Doortags</u> (Colts vs. Bears helmets)</p>					X	X	<p>Doortags create a sense of community, allow staff and residents to be creative and develop a more "homey" and comfortable atmosphere. Residents feel special and develop a sense of empowerment when their name is displayed.</p>
	<p><u>Movie Night</u> (The Lion King, Click, Déjà vu, Dumb and Dumber, the Departed, Crash, The Pursuit of Happiness, Bamboozled, The Notebook, Casino Royale, Pirates of the Caribbean II, The Prestige, Borat,</p>	X	X	X	X	X	X	<p>Some movies were just to hang out, relax and have a good time. Other movies generated important and interesting conversation afterwards because of the content.</p>
	<p><u>Television Show</u> (The OC, Jeopardy)</p>	X	X	X	X	X	X	<p>Television shows allow for all of those involved to take an interactive role during and after, as they discuss the topic of the show. They give the opportunity for a community to come together to share time and converse.</p>
	<p><u>Intramural Sports</u> (basketball, volleyball)</p>					X	X	<p>Intramural sports allow students to practice team-work, communication, get exercise and to just have fun.</p>
	<p><u>Sports with residents</u> (snow football, basketball, volleyball, bowling)</p>					X	X	<p>Playing sports with residents allows students to practice team-work, communication, get exercise and to just have fun.</p>
	<p><u>Varsity sports</u> (men's basketball, women's basketball,</p>					X	X	<p>Supporting the Bloomsburg Husky's varsity sports teams</p>

	men's swimming, women's swimming, wrestling,						deepens the feeling of campus community. Students love cheering on their team and watching their friends, neighbors and classmates perform.	
	<u>Going to Rec with residents</u> (aerobics class)					X	Going to the Rec is a great way for residents to spend time together, let off some steam, and engage in healthy behaviors.	
	<u>Board/Video games</u> (Cranium, Twister, Catchphrase, Monopoly, Pictionary, Bowling, Boxers or Briefs, Halo, Karaoke Revolution,					X	Board and video games are great ways to bond through sharing of common interests, get your mind off of academics, and blow off some steam!	
	<u>Library/Study lounge/study sessions; New theme for study lounge</u>	X		X		X	Studying for exams and finals together helps us bond, but also helps us understand the information better. Having a decorated study lounge is a good way for everyone to be relaxed to study and motivates people to help each other out. Great hit with residents!!	
	<u>Lunch/Dinner/Breakfast with residents</u> (Monty's restaurant night, fireside lounge, commons, cooked, Applebee's,					X	X	Eating meals with residents is a really great way to allow them to get to know each other. We talked about family, classes, and things we can do as a wing. I learned a lot about them, and they help me plan activities for the wing.
	<u>Trips</u> (Skiing/ Snowboard at Snow Mountain, New York City,						X	Residents always enjoy little day-trips together to run errands or explore the town.